

## California Urological Associates Patient Information: Prostate Biopsy

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Transrectal ultrasound (TRUS) prostate biopsy.      **Date of Biopsy:**

The biopsy is done in our office under local anesthesia. You may eat or drink as you normally would.

Indications:                      Elevated PSA  
Abnormal digital rectal prostate examination  
High Grade PIN or ASAP Suspicious or other possible pre-cancerous lesion) on previous biopsy  
PSA progression after primary treatment  
Active surveillance protocol

Directions:                      If you are taking a blood thinner (Aspirin, Plavix, etc.), please stop taking these medications for the appropriate length of time as instructed (**PLEASE REFER OUR BLOOD THINNING MEDICATION LIST**).

Take the prescribed antibiotics starting 1 day before the biopsy for next 3 days unless otherwise instructed.      **Dates:**

Take the Fleet enema two hours prior to the biopsy (on the **date of the biopsy**).

Procedure:                      The transrectal ultrasound guided prostate biopsy is done in lithotomy position. The ultrasound examination will be performed first. Next, prostatic block will be performed using injectable lidocaine. The prostate biopsies will then be carried out. The actual biopsy portion of the procedure will take about 10 minutes. After the biopsy, direct pressure will be applied to the prostate for about 2 minutes. Sometimes a urethral (Foley) catheter may be inserted at the end of the case.

Afterwards:                      You may notice blood in the urine, stool, and/or ejaculate. This is to be expected. If you are unable to void, experiencing fever/chills or bleeding significantly (passage of large blood clots), contact our office. You will receive your biopsy results in about 5 business days.