

California Urological Associates

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Medications and supplements that can thin your blood (anticoagulants)

Medication	Recommended time to discontinue before surgery
Aspirin	10days
Celebrex (celecoxib)	3 days
Plavix (clopidogrel)	10 days
Nalfon (fenoprofen)	3 days
Heparin	6 hours
Advil/Motrin (ibuprofen)	3 days
Toradol (ketorolac)	10 days
Naprosyn/Aleve (naproxen)	2 weeks
Ticlid (ticlopidine)	3 days
Quinine sulfate	5 days
Vioxx (rofecoxib)	3 days
Coumadin (warfarin)	5 days

Supplement	Recommended time to discontinue before surgery
Evening promrose seed oil	2 weeks
Garlic	2 weeks
Ginko	2 weeks
Ginseng	2 weeks
Poplar	2 weeks
Vitamin E	2 weeks
Diet pills (anesthesia only)	2 weeks